

Moana House & Village

Newsletter: Special Edition

6th March 2020

COVID-19 is causing considerable anxiety among many and unfortunately much misinformation is being generated with lack of understanding.

At Moana House we are keeping up to date with the information from the Ministry of Health, the experts in the field such as virologists and advice from the public health unit of the District Health Board.

The information has been relayed to the staff, the residents at the residents meeting, there are notices on the doors and now it is appropriate to keep the families and public informed

The Ministry of Health says with continued vigilance the chance of widespread community outbreak is expected to remain low.

The messages for all remain the same, no need for panic or alarm, 20 seconds handwashing with soap and water frequently during the day or hand sanitiser that contains alcohol is the best way to protect yourself.

Key preventors

- Wash & dry hands regularly or use hand sanitiser with alcohol
- Practice coughing and sneezing etiquette (into your elbow)
- Keep surfaces clean regularly
- Stay away from others if you are unwell

Clear descriptions
over the page.

You are reminded that the virus is spread by droplet– it is not aerosol .

Regarding masks:

For most people in the community, PPE such as face masks are not recommended. However, for people with symptoms of an acute respiratory infection, the WHO recommends that there may be benefit in wearing a face mask to reduce the spread of infection to other people.

Protect

yourself and others against

COVID-19

Cover your coughs or sneezes with tissues or your elbow



Put your used tissue in the rubbish bin or in a plastic bag



Wash and dry your hands often, especially after coughing or sneezing – use soap or hand sanitiser



Stay away from others if you're unwell



**COVID-19
HEALTH ADVICE**
0800 358 5453

health.govt.nz/COVID-19

For international SIMs call +64 9 358 5453

Protect your family/whānau from COVID-19 (coronavirus)